

AROMA

RITUALS

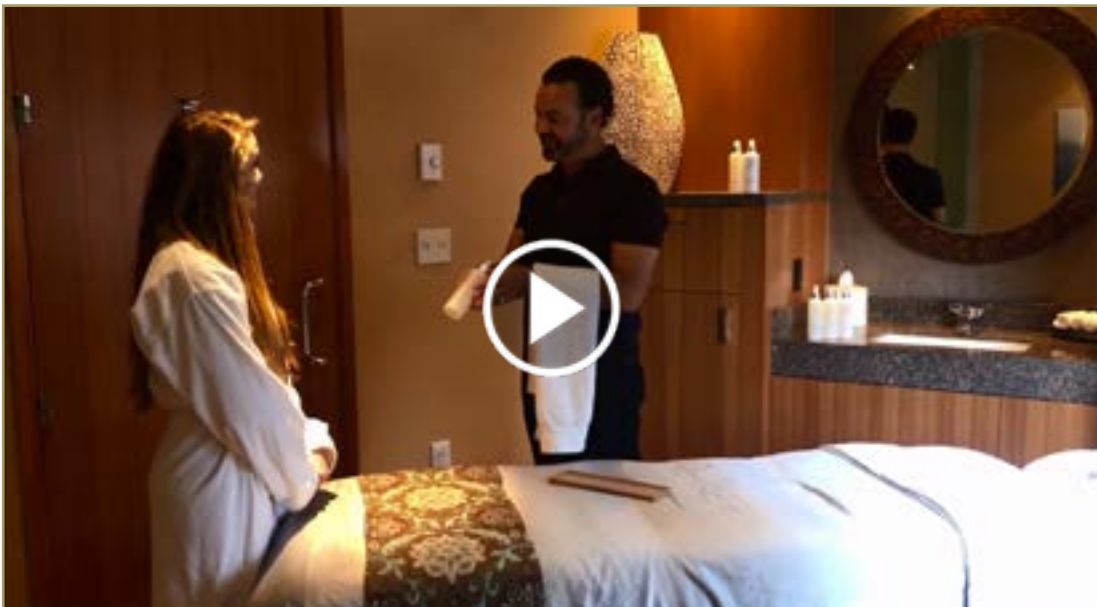
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AROMA RITUALS DEMO

Learn about how to perform the Aroma Rituals by watching our short video demo. Follow instructions below to access the video.

HOW TO WATCH

1. Visit the link here: [Advanced Therapist Training](#)



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AROMA RITUALS

FOR BESPOKE MASSAGE & BODY TREATMENTS

Aroma Rituals are performed during our ZENTS treatments using towels and scented oil. They help guests smell the aroma during the entire treatment. Meanwhile, therapists are using unscented product on the body to minimize their contact with the aromas. This helps prevent therapists from getting burned out on the aromas they use every day.



BEGINNING AROMA RITUAL

1 | Present guest with the aroma they chose:

“Hi Mr./Mrs._____. I see that you chose _____ for your treatment today.”

2 | Apply 6 sprays of Oil onto folded hand towel at center crease.

3 | Hang towel from face cradle, with scented area closest to guest's nose.
Direct guest to get onto the table face down and begin taking deep breaths.

MIDDLE AROMA RITUAL

Halfway through treatment, have guest flip over. Perform all neck and shoulder work.

4 | Remove towel from face cradle. Fold towel to make an eye pillow.

5 | Re-apply 6 sprays oil to center of towel.

6 | Place towel oil side up so oil does not touch the face, with oil at nose level.

CLOSING AROMA RITUAL

7 | Apply 6 sprays of Oil in your hands, and cup over guest for 1-3 inhalations.
This brings them back into the room through their senses and creates a deep healing aroma memory and imprint of your treatment.

8 | Rub excess Oil from your palms on guest's arms, from elbow to wrists, as this is the part of the arm they smell after treatment.

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