

# Z E N T S

## BODY WRAP QUENCH

This can be presented on your spa menu, or offered as an add-on. It can also be a monthly promotion. Let guests know they can choose a personalized scent for their wrap.

**TOOLS NEEDED** 1. Aroma Station or Concreta Station 2. Scent Journey Card 3. In-room set of seven Massage Oil Bottles (8oz size): EARTH, FRESH, MANDARIN, OOLONG, SUN, ORE, and UNZENTED 4. 1 Dry Hand Towel 5. Plastic or space blanket \*\*Wet room is NOT required for this treatment  
**PRODUCTS USED** 1. 2 Tbsp Massage Oil 2. 3-4 Tbsp Concreta

### SCENT JOURNEY

- 1) Take guests on a scent journey using the Aroma Station or Concreta Station. Ask them to smell all six scents and choose their favorite scent for the treatment. For example: *"I am going to take you through a scent journey. Let me know which scent is your favorite."*
- 2) Check off the guest's favorite scent (or two) on the Scent Journey Card. Write the guest's name at the top and your name at the bottom of the Card.

### BEGIN WRAP

Start Guest face down.

- 3) FACE CRADLE SCENT Pat 1 pump Massage Oil (in scent chosen) onto dry towel. Use in-room 8oz bottles. Tuck it under the face cradle. This allows your guest to smell the essence while they are facing down. Or pump a small amount of Massage Oil (in scent chosen) into your palms and pat it inside the face cradle.
- 4) Melt 3-4 Tbsp pre-measured Concreta. Choose either of these melting options:
  - Microwave. Melt Concreta in the dispensary microwave just until liquefied, 30-90 seconds.
  - Towel Cabby. Grab a pre-measured Concreta from the towel cabby (see Quench Basics).
- 5) Scent the melted Concreta. Add 20 pumps Massage Oil in the guest's favorite scent and stir. Pump Oil directly onto Concreta, for fastest mixing. ***Multiple Scents...*** If guest likes two scents, use ten pumps of one Oil and ten of the other Oil.
- 6) INHALATIONS Pump a small amount of Massage Oil (in scent chosen) into your palms. Rub palms together to scent hands. Hold your hands a few inches from guest's face and have them do 3 inhalations.
- 7) Paint back of the body with half of the Concreta & Oil blend.
- Flip guest over to face up position.
- 8) EYE PILLOW Remove scented towel from under the face cradle. Fold scented towel to form an eye pillow. Place towel over guest's eyes. This allows the guest to smell the essence during the next portion of the wrap.
- 9) INHALATIONS Pump a small amount of Massage Oil (in scent chosen) into your palms. Rub palms together to scent hands. Hold your hands a few inches from guest's face and have them do 3 inhalations.
- 10) Paint front side of the body with Concreta.
- 11) Wrap guest in plastic and space blanket.
- 12) While guest is wrapped, massage head, neck and shoulders. ***Optional:*** add hot oil scalp ritual.
- 13) Remove wrap. Massage excess Concreta into the skin. Tailor massage length to desired treatment time. No additional product is necessary for an extended massage.
- 14) INHALATIONS Pump a small amount of Massage Oil (in scent chosen) into your palms. Rub palms together to scent both hands. Hold your hands a few inches from guest's face and have guest do 3 inhalations. Beginning and ending treatment with the same ritual brings guests back to center in a space of safety and comfort.