

MAMA TO BE

PROTOCOL

Z E N T S

MAMA TO BE RITUAL

This luxurious prenatal ritual soothes and relaxes expecting mothers. It features an ultra-gentle application of shea butter to the stomach and hips to help reduce the appearance of stretch marks.

Ritual Includes:

FOOT POLISH

MASSAGE

BELLY BUTTER

PRODUCTS USED

1. UNZENTED Oil with pump
2. UNZENTED Lotion with pump
3. UNZENTED Concreta, two pearl sized amount
4. UNZENTED Body Polish, pearl size amount
5. Zen Blend (if available)

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ZEN BLEND INFUSED TEA (OPTIONAL)

- Zen Blend Oral Tonic-infused water or tea is presented to guest. In front of the guest, spray Zen Blend Oral Tonic into the water or tea - use 3 sprays.

Script: "I have infused your water with flower essences that are going to help calm your mind prior to your treatment."

Tip: This is best done by front desk or locker room attendants. You can also choose to only offer this to guest after treatment if its easiest for your spa flow.

FOOT POLISH

- Pre-base Oil: Apply 1 pump of UNZENTED Oil onto feet.
Quick, thick oil application is key for guest satisfaction and quick removal.
Tip: The thicker the oil, the less Polish you need as it glides on the oil and the easier it washes off.
- Apply a pearl sized amount of UNZENTED Polish over the oil.
- Use warm damp towels to remove product.
- Use a pearl sized amount of Concreta and massage onto feet (avoiding ankles).
- Wrap feet with warm dry towels.

MASSAGE

- Massage body using UNZENTED Lotion and UNZENTED Oil. Follow your spa's protocols for prenatal massage, with careful attention to guest's comfort and safety.

BELLY BUTTER

- Gently apply a pearl sized amount of the UNZENTED Concreta to guest's stomach and hips. Place a warm, dry hand towel on belly when complete. Do this on each side if client is side lying.

REMOVE FOOT TOWELS

- Remove towels from feet.
Important! Thoroughly clean and dry bottom of feet, for guest's safety.

CLEANING INSTRUCTIONS

- Please don't pour any excess product down drain. Wipe out containers with paper towel. Discard paper towels, and wash containers with soap and water.

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