



A N T A R A

MANI-PEDI RESTORE/RELIEF  
PROTOCOL

Z E N T S

# TWO OPTIONS *to* OFFER *your* GUEST

## ANTARA RESTORE MANICURE

This nourishing and age defying shea butter spa manicure features a luxurious infusion of CBD, warm organic shea butter and age defying paracress massaged onto the hands and arms. Promotes healthy nails and beautiful skin, and invites deepest harmony within the body and mind.

8 mg CBD

## PEDICURE

Soul to sole care is at the heart of this CBD and warm shea butter spa pedicure that brings the skin and body into harmony. A soothing leg and foot massage with our CBD and age defying paracress infused Balance Oil eases muscle tension and cares for skin.

33mg CBD

## ANTARA RELIEF MANICURE

Offers all of the benefits of the Restore Manicure service, plus a warming application of Relief Balm to target muscle pain and soreness and provide relief for legs and feet.

39 mg CBD

## PEDICURE

Offers all of the benefits of the Restore Pedicure service, plus a warming application of Relief Balm to target muscle pain and soreness and provide relief for hands and arms.

64 mg CBD

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### HIGHER POTENCY OPTION

Easily boost the CBD potency of any ANTARA manicure or pedicure with  
ANTARA BATH TRUFFLES added to soak:

25mg each (professional size)

100mg each (retail size)

# ANTARA MANI-PEDI

*Product you will need\*:*

## UNZENTED COLLECTION



UNZENTED  
CONCRETA



UNZENTED  
WASH



UNZENTED  
BODY OIL



UNZENTED  
BODY POLISH

You will use UNZENTED product as the base of mani/pedi.  
The products shown above are placed at your station to create an elegant presentation.

## ANTARA COLLECTION



BATH  
TRUFFLE  
(smaller professional size)



RESTORE  
BALM



RELIEF  
BALM

\*All products shown above are Retail size. Please use Professional Sizes  
from your dispensary, or use Retail size for display and refill from your dispensary.

# ANTARA MANI-PEDI PROTOCOL

1 | GREET THE GUEST.

2 | HAVE THEM CHOOSE POLISH COLOR.

3 | BEGIN TREATMENT.

## SOAK

- 1 ANTARA Professional Truffle, 2-3 pumps of UNZENTED Wash.
- Educate on Truffle and Wash as you place in water.
  - Truffle | CBD balances skin, body, and mind. Shea hydrates. Epsom detoxifies. Arnica restores sore, tired feet.
  - Wash | Ultra rich organic shea butter softens heels and cuticles as fruit extracts gently exfoliate.

## CUTICLE WORK

- Get pearl size of UNZENTED Concreta. Place on the top of your hands, then smooth by rubbing your finger back and forth and melting product with your body heat.
- Apply Concreta as cuticle mask - used for organic cuticle remover.
- Push back cuticles.
- Educate on Concreta as you push back cuticles.

**Concreta** | Organic, hand-harvested shea butter is used as a deep conditioning cuticle and spot treatment. By keeping the nail hydrated it helps strengthen nails and promote healthy nail growth.

## EXFOLIATION

- Remove feet from water and COMPLETELY dry off.
- Exfoliate with 1/2 tablespoon (about the size of your thumbprint) of UNZENTED Polish, only the bottom of dry feet first, focus on calluses and dry areas during the treatment.

**Tip:** If feet are ticklish hold liver point firmly and use long, slow strokes.

- Ask guest their favorite preference: *"Mr/s \_\_\_\_, would you like coarse or mild exfoliation?"*
  - a.** Coarse | Pump two pumps of Oil in guest's chosen aroma and apply to legs. Bring Polish that is already on feet (bottom and top) to legs and mix with the Oil on legs. \*Add more Polish if desired.
  - b.** Mild | Two pumps of Wash. Get a little water in your hands from the throne. Bring Wash to a nice lather and then bring Polish from feet (bottom and top) up to legs, mix with Wash and Massage. \*Add a little more Polish if desired.
- Tip:** Why is the Wash version milder? Because water dissolves the salt faster and the lather acts as a buffer. However, guest is still getting an exfoliation from the fruit extracts that are in the Wash.
- c.** Educate on Wash and Polish while you scrub their feet.
  - Body Polish | Sugar particles and detoxifying salt particles remove rough, dry skin as shea butter hydrates.
  - Wash | Fruit extracts provide gentle exfoliation for sensitive or freshly shaven skin.

# ANTARA MANI-PEDI PROTOCOL CONTINUED

## HYDRATION

### *Restore/Relief Mask*

- Pearl size (1/2 teaspoon) of product: use Restore Balm for Restore Mani-Pedi, use Relief Balm for Relief Mani-Pedi
- Put in palm of hands and rub palms together to melt Concreta into a smooth butter.
- Apply all over feet and heels.
- Educate:  
**Restore Balm** helps alleviate everyday muscle fatigue, while imparting age defying paracress and hydrating shea butter.  
**Relief Balm** provides warming relief for muscle tension and aches, and is ideal for use on targeted areas  
**A mask** of organic shea butter seals in moisture and protects skin, for long lasting hydration and nourished skin.

### *Wrap*

- Wrap feet with hot towels or booties.

### *Massage*

- While feet are wrapped massage leg.
- Remove hot towels and massage feet.

## RECOMMEND PRODUCT

- Effortlessly direct guests to retail with the Home Care Card.
- Hand guest the Home Care Card with all the product you used during treatment checked off.
- Educate: Let guest know if they would like to achieve this look and feel at home all of these products are at the front desk.  
**Tip:** Ideally, if you can walk your guest to the retail area and present the card your sales will soar.